



# PYMBLE CATHOLIC PARISH

SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR

*Building a Christ-centred community of Love and Mercy*



*Pymble Parish is under the Pastoral care of the Salvatorian Fathers.*

## Rejection



### Back to School Prayer for the Start of the School Year

Loving God, Our creator, our saviour,  
our companion,  
bless this journey of a new school year  
that we undertake today.

Refresh our souls  
and renew our spirits  
as we embrace the beautiful ministry  
you have called us to.

We welcome those who are new to this  
community  
and ask that you strengthen them  
to share the wonderful gifts  
you have given them.

Lord, make our hearts pure  
as we prepare for the return  
of students to this school,  
and may you guide them to return  
with open hearts and minds eager to  
learn.

We ask this in Your name,

Amen



**A warm welcome to  
all our Parishioners  
who are celebrating  
the Eucharist  
with us this weekend.**



### POPE FRANCIS' PRAYER INTENTION FOR FEBRUARY

RELIGIOUS SISTERS & CONSECRATED WOMEN

We pray for religious sisters and consecrated women;  
thanking them for their mission and their courage; may they  
continue to find new responses to the challenges of our times.

*If you have used this bulletin,  
please take it home with you.*

**Thank you.**



### Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis  
Mary of the Cross Jordan to be your apostle, to make God  
known and loved by all people everywhere, using all the  
means your love inspires. You filled him with universal  
apostolic zeal, with a deep trust in God's loving providence,  
with a profound spirit of prayer, with a sincere devotion to  
Mary, Mother of the Saviour, and with the courage to  
follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this  
spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray  
to you for my special needs (include your personal  
intention). I make this prayer through you, my Saviour, who  
lives and reigns with the Father and the Holy Spirit, forever  
and ever. Amen.

[www.pymblecatholicparish.org.au](http://www.pymblecatholicparish.org.au)



### Baptisms at Pymble Parish

If you would like to know or if you have any  
questions about the Baptism process in our  
Parish, please contact the Parish office on  
9144 2702 or  
[office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au)

Our upcoming Baptism Formation Class will  
be held on

**Wednesday, 23 February 2022**

**7:30pm at the Sacred Heart Church**

Bookings are essential.



## Parish Team

### Pastoral care

#### Salvatorian Fathers

**Parish Priest:** Fr. Boguslaw Loska SDS

Email: [fr.boguslaw@pymblecatholicparish.org.au](mailto:fr.boguslaw@pymblecatholicparish.org.au)

**Assistant Priest:** Fr Christopher Kowalczyk SDS

Email: [fr.chris@pymblecatholicparish.org.au](mailto:fr.chris@pymblecatholicparish.org.au)

### Parish Staff

**Parish Secretary:** Daniela Foote

Email: [daniela@pymblecatholicparish.org.au](mailto:daniela@pymblecatholicparish.org.au)

**Assistant Secretary:** Claudia Chen

Email: [claudia@pymblecatholicparish.org.au](mailto:claudia@pymblecatholicparish.org.au)

**Youth Coordinator:** Melanie Benbow

Email: [melanie@pymblecatholicparish.org.au](mailto:melanie@pymblecatholicparish.org.au)

**Sacramental & CCD Coordinator:** Melanie Benbow

Email: [melanie@pymblecatholicparish.org.au](mailto:melanie@pymblecatholicparish.org.au)

## Parish Mass Times

### Sacred Heart

2 Richard Porter Way, Pymble NSW 2073

#### Weekdays:

Tuesday to Friday 9:00am

**Rosary:** Tuesday to Friday after morning Mass

**Exposition of the Blessed Sacrament:** Friday after morning Mass

#### Weekend:

Saturday (Vigil Mass): 5:30pm

Sunday: 7:45am, 9:30am and 6:00pm

**Reconciliation:** Friday 8:30am, Saturday 5:00pm

Sunday 5:30pm

### Our Lady of Perpetual Succour

64 Kendall St, West Pymble, NSW, 2073

#### Weekdays:

Tuesday: 12pm

*During School Term as advertised in the Parish weekly calendar section*

#### Weekend:

Saturday: 9:00am and 5:00pm (Vigil Mass)

Sunday: 9:00am

**Reconciliation:** Saturday 9:30am

## Contact details

**Address:** 2 Richard Porter Way, Pymble, NSW 2073

**Postal address:** PO BOX 231 Turramurra NSW 2074

**Telephone:** (02) 9144 2702

**Email:** [info@pymblecatholicparish.org.au](mailto:info@pymblecatholicparish.org.au)

**Website:** [www.pymblecatholicparish.org.au](http://www.pymblecatholicparish.org.au)

**Office hours:** Monday to Thursday 8.30am to 4pm &

Friday 8.30am to 1pm

For information about Baptisms and Weddings please contact Daniela in the Parish Office.

For information about the sacraments of Confirmation, Reconciliation and First Eucharist, please contact Melanie on [melanie@pymblecatholicparish.org.au](mailto:melanie@pymblecatholicparish.org.au)

## PARISH PRIMARY SCHOOLS

### SACRED HEART

**Principal:** Mrs Mary Hor

**Telephone:** (02) 94408056

[www.shpdbb.catholic.edu.au](http://www.shpdbb.catholic.edu.au)

### OUR LADY OF PERPETUAL SUCCOUR

**Principal:** Mrs Sue Host

**Telephone:** (02) 9498 6060

[www.olpsdbb.catholic.edu.au](http://www.olpsdbb.catholic.edu.au)



## Pymble Parish COVID Update

Based on the current Public Health Orders, both Sacred Heart and OLPS will be open to all, and in accordance with the health regulations, the vaccination status of our people who attend our churches, or who undertake a ministry in them, will not need to be verified.

The following apply to our Churches:

- There will not be a density limit on our Churches, Parish office or meeting rooms.
- Congregational singing will be possible at our liturgies.
- It is essential that anyone visiting our churches use the QR code to register their visit, sanitize, and always wear a mask.

COVID safe practices related to the celebration of our liturgies have been re-introduced as follows:

- Avoiding the handling of objects by multiple persons;
- The Chalice will not be shared; Holy Communion for the Faithful is to be under one species only;
- The Sign of Peace should only be given by a simple bow or nod of the head;
- Those who wish to receive Holy Communion on the tongue will be asked to wait until the end of the Communion Procession.

We thank you for your patience and unwavering support for our Parish during this time. Please contact the Parish Office on 9144 2702 or

[office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au) if you have any questions.



Please inform the Parish Office if you have recently changed your address, phone number or email.

For Parishioners who give via credit card, please let us know if your credit card has expired or if you have changed your card. Thank you!



## WHAT'S ON IN OUR PARISH THIS WEEK

There are currently no capacity limits at our Churches

### Sunday, 30 January

7:45am Mass at Sacred Heart  
9:00am Mass at OLPS  
9:30am Mass at Sacred Heart  
6:00pm Mass at Sacred Heart

### Tuesday, 1 February

9:00am Mass at Sacred Heart  
7.30pm Baptism Formation Class

### Wednesday, 2 February

9:00am Mass at Sacred Heart

### Thursday, 3 February

9:00am Mass at Sacred Heart  
7.00pm Pymble Mens Fellowship Meeting

### Friday, 4 February

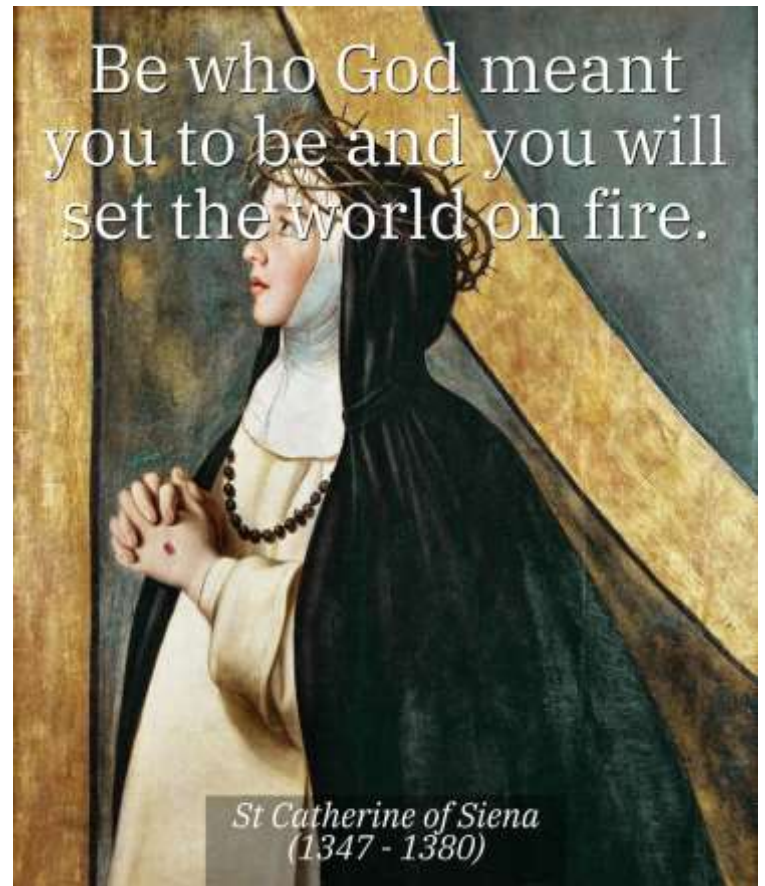
9:00am Mass at Sacred Heart

### Saturday, 5 February

9:00am Mass at OLPS  
5:00pm Mass at OLPS  
5:30pm Mass at Sacred Heart

### Sunday, 6 February

7:45am Mass at Sacred Heart  
9:00am Mass at OLPS  
9:30am Mass at Sacred Heart  
6:00pm Mass at Sacred Heart



## Parish Prayer Zone

Praying for others gets our focus off ourselves and onto the needs of those around us. As we “carry each other’s burdens,” we “will fulfil the law of Christ” (Galatians 6:2). Praying for each other makes us stronger and helps us to grow our faith and Christian love.

### Recently Deceased:

Orfeo Calacoci, Ivo Felizzi, Fr Manoj Manuel, Kim Boonjung Maria, Br Norman Hart fms, Peter Yeong Ying Siew

### Death Anniversaries:

Tienna Scanlan, Terry Gomez, Mary-Ellen Philomena Lyons, Theresa See Tho Ching, David Roche, Arthur Wood

### Prayers for the sick:

Ron Edgar, Anna Kowalczyk, David Gardener, Rita Roach, Zeta Leung , Corey Wittenberg, Peter Brassil

### Weekly prayer intention:

This week we pray we pray for the church, that it be a community of faith in which the gifts of the Spirit are free to flourish Amen.

If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.



# Keep in touch with us



Register to receive email updates from different groups within the Pymble Parish

[flocknote.com/pymblecatholicparish](http://flocknote.com/pymblecatholicparish)

## A Gift in your Will

### Your LEGACY

After providing for family members in your Will, have you ever considered leaving a Gift directly to your local Parish? This is called a Legacy, Bequest or Gift in Will.

Over the years, many people who have left a special connection to their Faith have left part of their estate to the Parish. Like a gift to a charity, a Gift in your Will to the Church ensures other members of our community receive the spiritual care and guidance that has been so important to you and your family.

### Your PARISH

Many parishes are in need of funding to restore buildings, improve facilities and expand on services for the community. The pastoral outreach that has been important to you will continue for our children, our grandchildren and future generations of Catholics.

If you would like more information on Gifts in Wills, please contact Fr Boguslaw.

Email: [fr.boguslaw@pymblecatholicparish.org.au](mailto:fr.boguslaw@pymblecatholicparish.org.au)





### COVID Return to School Protocols

The 2022 School Year officially starts on 28 January with students commencing a staggered start onsite from Monday, 31 January.

Once again, we will be following all necessary protocols to ensure the safety and wellbeing of our students, their families and our staff. Many of the protocols for Term 4 will continue, including masks for all staff and students Year 7 and above, cohorting and physical distancing to minimise transmission, limiting visitors on school sites, and maximising natural ventilation and use of outdoor spaces. Attendance on site will continue to be restricted to those who are fully vaccinated (with some minor exceptions) and the Public Health Order requiring staff to be fully vaccinated will be extended to include the requirement for a booster.

In addition, the NSW Government will supply students and staff with rapid antigen tests (RATs) to support their ongoing operations in the first four weeks of term. Use of RATs will be recommended for all students and staff, twice a week, on Monday and Wednesday mornings. These are being delivered to schools now and will be distributed to families as soon as possible.

CSBB (Catholic Schools Broken Bay) remains in contact with CSNSW (Catholic Schools NSW) who is working with NSW Health and the Department of Education to align schools and community settings. If you have any questions about how return to school will work with the parish, please contact your principal.

### Towards 2025 Update

Despite the challenges that COVID provides, we are extremely excited to activate the next phase of our Towards 2025 Strategy.

In 2022, we will be moving forward with the plan approved by Bishop Anthony in December and presented at our end of year leadership dinner.

Our plan for this year is to address the legacy and risk work we have identified; and focus on Learning Improvement where the 3 main drivers of the Learning Improvement Program being:

- 1. Strengthen a Catholic culture that promotes learning and human flourishing
- 2. Ensure systematic delivery of curriculum to ensure consistency of teaching and learning of the curriculum
- 3. Build leader and teacher expertise across the system

It will be underpinned by our commitment to Continuous Improvement and an innovative approach to Professional Learning.

Expressions of Interest will be issued to all staff and clergy to participate in 2022 projects at the start of February.

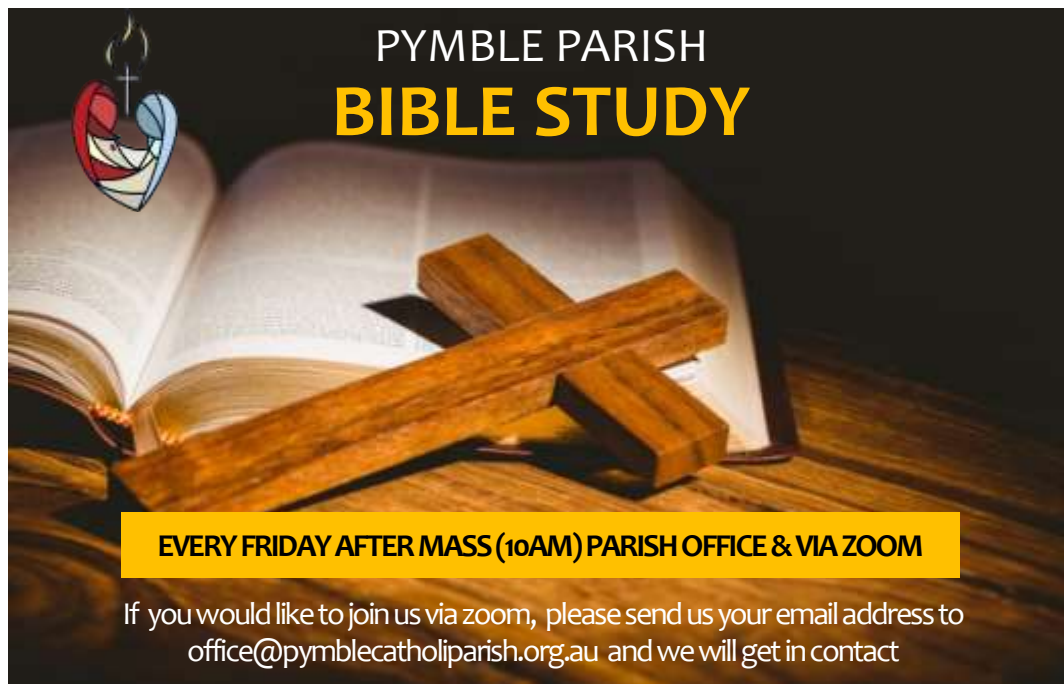
We are looking forward to starting our school term and connecting our staff, parent, and student communities with Parish.

Thank you for your ongoing prayers and support.



**Alpha Begins:**  
Wednesday's 7:30-9:00pm on Zoom  
Contact the office to register  
[info@pymblecatholicparish.org.au](mailto:info@pymblecatholicparish.org.au)

Alpha is a series of interactive sessions exploring some of life's big questions. There's no pressure, no follow-up and no charge.  
[alpha.org.au](http://alpha.org.au)



### PYMBLE PARISH BIBLE STUDY

**EVERY FRIDAY AFTER MASS (10AM) PARISH OFFICE & VIA ZOOM**

If you would like to join us via zoom, please send us your email address to [office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au) and we will get in contact

### CALL FOR MUSICIANS & SINGERS

Do you play a musical instrument or love to sing? Have you ever thought of joining a choir? Now is the time to give it a go! We are in need of new members for some of our choirs as well as accompanists and cantors to call on to cover for absences.

If you would like to give it a try, please contact our Music Ministry Coordinator Bruno Carbone ([brunodcarbone@outlook.com](mailto:brunodcarbone@outlook.com), 0419 498 243) to discuss joining one of our existing choirs or maybe forming your own.







We welcome to Pymble Parish the newest member of our community

**Emilia Vargas Sierra**  
and  
**Koda Melville**

who will be Baptised this weekend at our Parish.



Charismatic Prayer Group Meeting **CANCELLED**

for February and till further notice.

If you would like to receive an email with a few worship songs and a short reflection please contact the office on 02 9144 2702.

January 2022



Father Chris Riley's

**youth**  
off the streets

Your support changes lives for the better

### Pymble Program



### Meals Program for 2022

The Pymble Parish meals program was suspended during the coronavirus events of 2021. We are now returning to our work in 2022.

Monthly meals collections will restart with the first collection on Friday, 18 February 2022.

We are always ready to accept additional home cooked frozen meals and volunteers to transport meals. If you would also like to help, please contact the Parish office.

Thank you for your previous contributions. We look forward to welcoming you back to this important work.



### Support to women experiencing abuse

Build the confidence of workers providing support to women experiencing abuse, the eSafety commissioner are offering training on Tuesday, 22 February 2022. To register visit <https://register.gotowebinar.com/rt/7743942169976240397>

### SAFE Series Workshop



### Protective behaviours in early childhood

The NSW Office of the Children's Guardian is running training for Early Childhood Educators throughout the months of January and February. The training aims to develop the skills for educators in understanding protective behaviours for young children. For further information and booking, visit <https://www.ocg.nsw.gov.au/child-safe-organisations/training-and-resources/webinars-and-face-to-face-training>



## Aid to the Church in Need

### ACN AUSTRALIA

**A message from Aid to the Church in Need Australia:**

As we begin a new year we ask for your support to help the Suffering Church. Your offering allows ACN to aid our suffering brothers and sisters to keep the faith alive in countries that are becoming increasingly harder to practice the faith.

Please visit [www.aidtochurch.org](http://www.aidtochurch.org)



### Engaged Encounter Weekend

**GOT YOUR WEDDING PLANS UNDER CONTROL?**

How prepared are you for marriage?

Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our website [www.engagedencounter.org.au](http://www.engagedencounter.org.au).

Choose any of the coming Weekends in 2022:

**Feb 19-20, Apr 30 - May 01, Aug 06-07, Nov 12-13**

If covid-19 restrictions prevent a face-to-face seminar, the CEE weekend will be held via Zoom.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."  
Matthew 11:28

**JANUARY 2022**

- 21st-23rd (Fri-Sun)** **INNER HEALING RETREAT** with Fr. Roni George and Fr. Joby George  
"And you will know the truth, and the truth will make you free." John 8:32  
Friday 5:30pm - Sunday 4:00pm **BOOKING: 04 6848 6782**
- 30th (Sunday)** **ONE DAY PILGRIMAGE (LAST SUNDAY RETREAT)**  
with Fr. Roni George and Fr. Joby George, 9:00am - 4:00pm,  
• Praise and Worship • Preaching The Word • Eucharistic Adoration • Holy Mass

**FEBRUARY 2022**

- 4th (Friday)** **DIVINE MERCY FRIDAY**  
6:00pm - 8:30pm
- 5th (Saturday)** **ONE DAY MALAYALAM RETREAT**  
10:00am - 2:30pm  
**DIVINE YOUTH MINISTRY**,  
5.30 pm to 9 pm, for Young Adults ages 18+  
For more details pls call Melinda Rego on 0423786768
- 18th-20th (Fri-Sun)** **INNER HEALING RETREAT** with Fr. Roni George and Fr. Joby George  
"He heals the brokenhearted, and binds up their wounds." Psalm 147:3  
Friday 5:30pm - Sunday 4:00pm **BOOKING: 04 6848 6782**
- 27th (Sunday)** **ONE DAY PILGRIMAGE (LAST SUNDAY RETREAT)**  
with Fr. Roni George and Fr. Joby George, 9:00am - 4:00pm,  
• Praise and Worship • Preaching The Word • Eucharistic Adoration • Holy Mass

**• BOOKING REQUIRED • LIMITED NUMBERS**  
Pls contact 02 4372 1598, [drcretreatgo@gmail.com](mailto:drcretreatgo@gmail.com)

**DIVINE RETREAT CENTRE**  
160 Hensons Road, Somersby, SYDNEY-NSW 2250,  
Tel: 02 4372 1598, 04 6848 6782, email [drtsydney@gmail.com](mailto:drtsydney@gmail.com)  
• [www.divineretreatcentre.org](http://www.divineretreatcentre.org) • [www.facebook.com/divineretreatcentersomersby](https://www.facebook.com/divineretreatcentersomersby)

WITH COVID SAFETY COMPLIANCE





# Liturgy of the Word

## Fourth Sunday in Ordinary Time

Year C

### Entrance Antiphon

Save us, O Lord our God!  
and gather us from the nations,  
to give thanks to your holy name  
and make it our glory to praise you.

### First Reading

Jer 1:4-5, 17-19

### A reading from the prophet Jeremiah

*I have appointed you as prophet to the nations.*

In the days of Josiah, the word of the Lord was dressed to me, saying,

‘Before I formed you in the womb I knew you;  
before you came to birth I consecrated you;  
I have appointed you as prophet to the nations.  
So now brace yourself for action.  
Stand up and tell them  
all I command you.  
Do not be dismayed at their presence,  
or in their presence I will make you dismayed.  
I, for my part, today will make you  
into a fortified city,  
a pillar of iron,  
and a wall of bronze  
to confront all this land:  
the kings of Judah, its princes,  
its priests and the country people.  
They will fight against you  
but shall not overcome you,  
for I am with you to deliver you –  
it is the Lord who speaks.’

### Responsorial Psalm

**(R.) I will sing of your salvation.**

1. In you, O Lord, I take refuge;  
let me never be put to shame.  
In your justice rescue me, free me:  
pay heed to me and save me. **(R.)**
2. Be a rock where I can take refuge,  
a mighty stronghold to save me;  
for you are my rock, my stronghold.  
Free me from the hand of the  
wicked. **(R.)**
3. It is you, O Lord, who are my hope,  
my trust, O Lord, since my youth.  
On you I have leaned from my birth,  
from my mother’s womb you have been  
my help. **(R.)**
4. My lips will tell of your justice  
and day by day of your help.  
O God, you have taught me from my  
youth  
and I proclaim your wonders still. **(R.)**

### Second Reading

Cor 13:4-13

### A reading from the first letter to St Paul to the Corinthians

Love is always patient and kind; it is never jealous; love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful. Love takes no pleasure in other people’s sins but delights in the truth; it is always ready to excuse, to trust, to hope, and to endure whatever comes.

Love does not come to an end. But if there are gifts of prophecy, the time will come when they must fail; or the gift of languages, it will not continue for ever; and knowledge – for this, too, the time will come when it must fail. For our knowledge is imperfect and our prophesying is imperfect; but once perfection comes, all imperfect things will disappear. When I was a child, I used to talk like a child, and think like a child, and argue like a child, but now I am a man, all childish ways are put behind me. Now we are seeing a dim reflection in a mirror; but then we shall be seeing face to face. The knowledge that I have now is imperfect; but then I shall know as fully as I am known.

In short, there are three things that last: faith, hope and love; and the greatest of these is love.

### Gospel Acclamation

*Alleluia, alleluia!*

The Lord send me to bring Good News to the poor and freedom to prisoners.

*Alleluia!*

### Gospel

Lk 4:21-30

### A reading from the holy Gospel according to Luke

*Jesus, like Elijah and Elisha, was not sent only to the jews.*

Jesus began to speak in the synagogue, ‘This text is being fulfilled today even as you listen.’ And he won the approval of all, and they were astonished by the gracious words that came from his lips.

They said, ‘This is Joseph’s son, surely?’ But he replied, ‘No doubt you will quote me the saying, “Physician, heal yourself” and tell me, “We have heard all that happened in Capernaum, do the same here in your own countryside.”’ And he went on, ‘I tell you solemnly, no prophet is ever accepted in his own country.

‘There were many widows in Israel, I can assure you, in Elijah’s day, when heaven remained shut for three years and six months and a great famine raged throughout the land, but Elijah was not sent to any one of these: he was sent to a widow at Zarephath, a Sidonian town. And in the prophet Elisha’s time there were many lepers in Israel, but none of these was cured, except the Syrian, Naaman.’

When they heard this everyone in the synagogue was enraged. They sprang to their feet and hustled him out of the town; and they took him up to the brow of the hill their town was built on, intending to throw him down the cliff, but he slipped through the crowd and walked away.

### Gospel Reflection

Do you believe that God wants to act with power in your life today? Power to set you free from sin and hurtful desires, fear and oppression. Throughout the Scriptures we see God performing mighty acts to save his people from death and destruction - from Noah's ark that spared his family from the flood of wickedness that had spread across the land to Moses and the Israelites who crossed through the parting waters of the Red Sea as they fled the armies of Pharaoh their slave Master and oppressor.

Throughout the Gospel accounts Jesus praised individuals who put their faith in God as they remembered the great and wonderful deeds he had performed time and again. Jesus even praised outsiders - non-Jews and pagans from other lands who had heard about the mighty deeds of the God of Israel. One example Jesus mentioned was Naaman the pagan army commander from Syria who was afflicted with leprosy - a debilitating skin disease that slowly ate away the flesh (2 Kings 5:1-15). Naaman's slave-girl was a young Jewish woman who had faith in God and compassion for Naaman her master. She urged him to seek healing from Elisha, the great prophet of Israel. When Naaman went to the land of Israel to seek a cure for his leprosy, the prophet Elisha instructed him to bathe seven times in the Jordan river. Naaman was indignant at first, but then repented and followed the prophet's instructions. In doing so he was immediately restored in body and spirit.

***Lord Jesus, teach me to love your ways that I may be quick to renounce sin and wilfulness in my life. Make me whole and clean again that I may delight to do your will.***

(c) 2021 Servants of the Word

# Pymble Parish Roster 05/06 February 2022

Sacred Heart (Pymble)	Saturday 5.30pm	Sunday 7.45am	Sunday 9.30am	Sunday 6.00pm
Acolytes	L Hopcroft	R Shankland	G Curtis	R L Samson
Altar Servers	H Balzer	Volunteers Needed	C Bowe J Foote	N Adams
Music	Vigil Singers	Quiet Mass	A Castillo	Youth Choir/T Sato
Projector	Volunteers Needed	Volunteers Needed	Volunteers Needed	Volunteers Needed
Readers	C Tan	M Forbes	J Gardener	D McGreal
Altar Society	05 February : J Jones / I Loke			
Counters	06 February: T Ryan / A Mazzei / C Gwynn			
OLPS (West Pymble)	Saturday 5.00pm	Sunday 9.00am		
Acolytes	G Lynch	M D'Silva		
Altar Servers	J D'Silva / J Barnden	M & A Chisholm		
Readers	L Johnston	H Roche		
Music and Projector	E Chan / A Chan	K Rodrigues / P Rodrigues		
Altar Cloth	05 February: N Simpkins			
Altar Society	05 February: N Simpkins / J Loughnan			

## Children's Corner

When Jesus began teaching at the Jewish meeting places, people started talking about Jesus and were amazed at the wonderful things he said. Complete the sentences of things that Jesus said during his ministry.

Thy \_\_\_\_\_ come, thy \_\_\_\_\_ be \_\_\_\_\_.

A good \_\_\_\_\_ cannot produce bad \_\_\_\_\_.

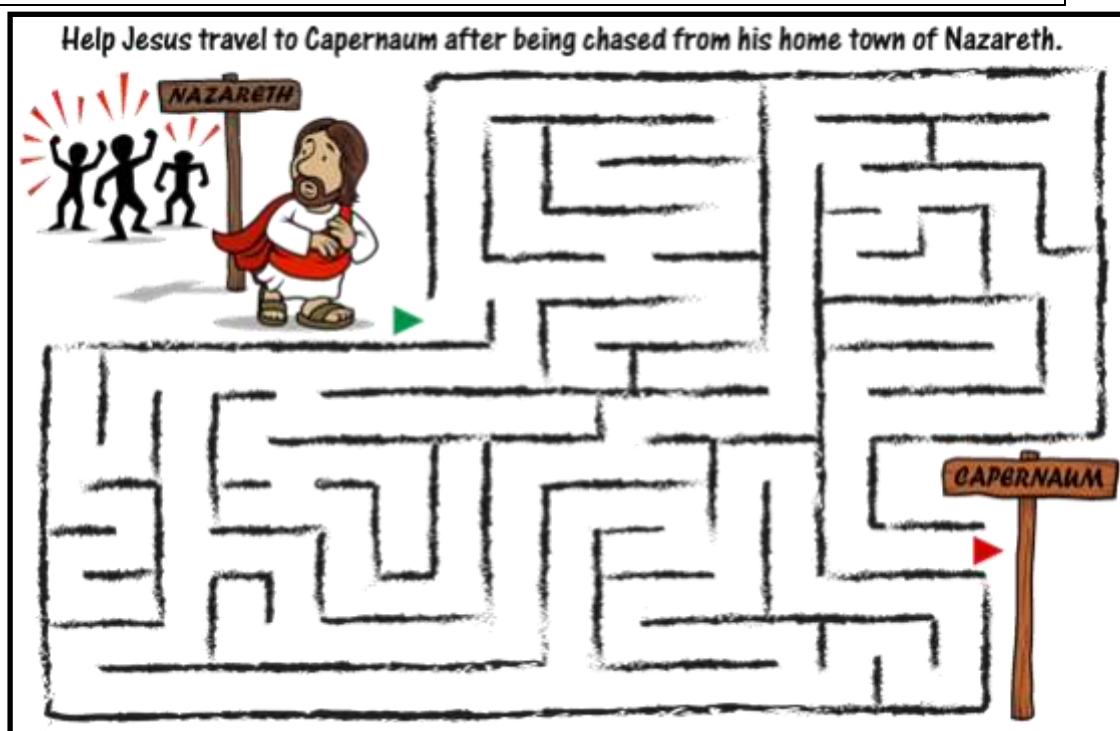
I am the \_\_\_\_\_ of life, he who \_\_\_\_\_ to \_\_\_\_\_

shall not \_\_\_\_\_.

Blessed are the meek, \_\_\_\_\_

inherit the \_\_\_\_\_.

I am the light \_\_\_\_\_.



## Gospel

Lk 4:20b-24, 28-30

Jesus began to speak in the synagogue, 'This text is being fulfilled today even as you listen.' And he won the approval of all, and they were astonished by the gracious words that came from his lips.

They said, 'This is Joseph's son, surely?' But he replied, 'No doubt you will quote me the saying, "Physician, heal yourself" and tell me, "We have heard all that happened in Capernaum, do the same

here in your own countryside.'" And he went on, 'I tell you solemnly, no prophet is ever accepted in his own country.

When they heard this everyone in the synagogue was enraged. They sprang to their feet and hustled him out of the town; and they took him up to the brow of the hill their town was built on, intending to throw him down the cliff, but he slipped through the crowd and walked away.

When the people got angry at Jesus they tried to harm him. Circle the words below that show the best ways that we can deal with our own anger.

- JEALOUSY**
- REASON**
- STUBBORNNESS**
- CRUELTY**
- PATIENCE**
- LOVE**
- FRUSTRATION**
- HUMILITY**
- HATE**
- FORGIVENESS**
- ARROGANCE**
- UNDERSTANDING**

**Thank you** for your financial contribution to the support of our Parish Community and its priests - it is very much appreciated. The First Collection taken up at Mass goes to the Salvatorian Fathers for the financial support of the priests and the Salvatorian Community. The Second Collection taken up at Mass is for the upkeep of the Parish. You are invited to help our Parish by committing to the Planned Giving Program. **Parish Office: 91442702 or [info@pymblecatholicparish.org.au](mailto:info@pymblecatholicparish.org.au)**



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